



Strengthens the muscles of the arms, legs and waist, abdomen, back and chest. Improves the movement of the limbs and cardiorespiratory efficiency. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

<b>Product line:</b>	Outdoor gym
<b>Series:</b>	<b>START</b>
<b>Height Adults:</b>	<140 cm
<b>Allowable user weight:</b>	150 kg
<b>Length equipments:</b>	1260 mm
<b>Width equipments:</b>	718 mm
<b>Height equipments:</b>	1093 mm
<b>Weight equipments:</b>	30 kg
<b>Safety Zone:</b>	4260 x 3720 mm
<b>Compatible with norm:</b>	EN 16630:2015



