M06

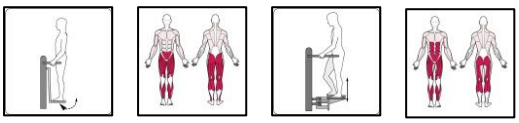
Surfer & Stepper
Pendel & Stepper

SURFER: Strengthens the muscles of the waist and improves flexibility and the coordination of the whole body. It exercises the spine and hip. Exercises involving the lower part of the body, are beneficial for sense of balance and loss of body fat.

STEPPER: Strengthens the engages the muscles of the legs. Enhances elasticity and coordination of the entire body.

PENDEL: Stärkt die Muskeln der Taille und verbessert die Flexibilität und die Koordination des gesamten Körpers. Es trainiert die Wirbelsäule und die Hüfte.
STEPPER: Stärkt die Eingriffe in die Beinmuskulatur. Verbessert die Elastizität und Koordination des gesamten Körpers.

Product line: **Product:**	Outdoor gym
Series: **Serie:**	ECO
Height Adults: **Benutzergröße:**	<140 cm
Allowable user weight: **Zulässiges Benutzergewicht:**	150 kg
Length equipments: **Länge des Gerätes:**	1360 mm
Width equipments: **Breite des Gerätes:**	740 mm
Height equipments: **Höhe des Gerätes:**	1600 mm
Weight equipments: **Gewicht des Gerätes:**	75 kg
Safety Zone: **Sicherheitszone:**	436 x 374 cm
Compatible with norm: **Kompatibilität mit der Norm:**	EN 16630:2015



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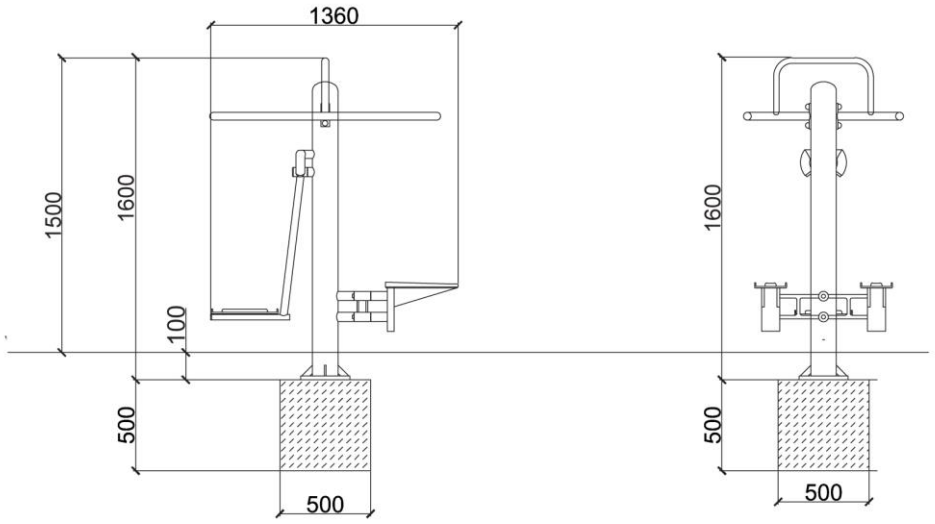

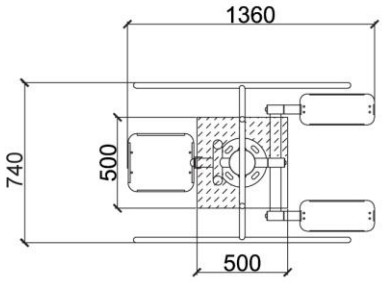

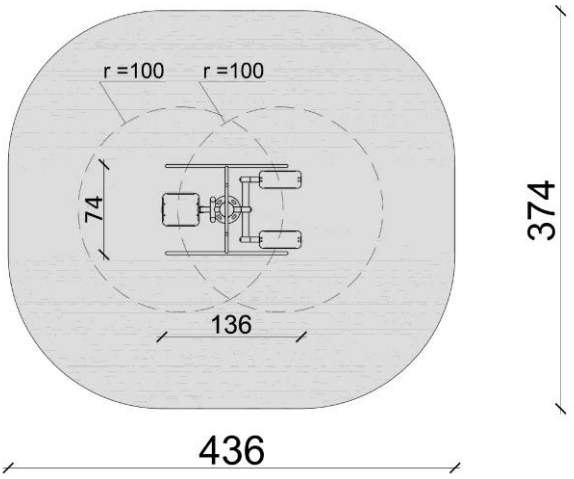

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