



Improves the mobility of the lower limbs, balances and coordinates the work of the whole body. Strengthens the muscles of the legs and buttocks. Improve cardiorespiratory efficiency. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product:	Outdoor gym
Product:	
Series:	START
Serie:	
User height:	>140 cm
Benutzergröße:	
Permissible user weight:	150 kg
Zulässiges Benutzergewicht:	
Length:	1005 mm
Länge:	
Width:	540 mm
Breite:	
Height:	1495 mm
Höhe:	
Weight:	49 kg
Gewicht:	
Safety Zone:	3540 x 4005 mm
Sicherheitszone:	
Compatible with norm:	EN 16630:2015
Kompatibilität mit der Norm:	



