



Movable Handles develops strength, balance, and stability. Thanks to its moving elements, the user must maintain full control over their body, engaging the muscles of the arms, shoulders, back, and core. This fitness station is perfect for dynamic ninja and calisthenics training, offering a wide range of exercises for the upper body. The user can grip the handles from both the top and bottom, allowing for various exercise variations and adjustments to individual training goals. Its versatility enables improved coordination and movement abilities.

Product line:	Outdoor gym
Series:	STREET NINJA
Height Adults:	>140 cm
Allowable user weight:	150 kg
Length equipments:	3378 mm
Width equipments:	1500 mm
Height equipments:	2700 mm
Weight equipments:	138 kg
Safety Zone:	5500 x 7378 mm
Compatible with norm:	EN 16630:2015

