



Improves the mobility of the lower limbs, balances and coordinates the work of the whole body. Strengthens the muscles of the legs and buttocks. Improve cardiorespiratory efficiency. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product:	Outdoor gym
Series:	START
User height:	>140 cm
Permissible user weight:	150 kg
Length:	1005 mm
Width:	540 mm
Height:	1495 mm
Weight:	49 kg
Safety Zone:	3540 x 4005 mm
Compatible with norm:	EN 16630:2015









