



It strengthens the abdominal muscles. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product:	Outdoor gym
Series:	START
User height:	>140 cm
Permissible user weight:	150 kg
Length:	1286 mm
Width:	1059 mm
Height:	964 mm
Weight:	60 kg
Safety Zone:	4060 x 4290 mm
Compatible with norm:	EN 16630:2015











