



Exercises develop leg muscles, strengthen knee joints, improve cardiorespiratory fitness. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination. The equipment uses mechanical downforce, through a plastic resistor.

<b>Product line:</b>	Outdoor gym
<b>Series:</b>	<b>START</b>
<b>Height Adults:</b>	<140 cm
<b>Allowable user weight:</b>	150 kg
<b>Length equipments:</b>	1100 mm
<b>Width equipments:</b>	550 mm
<b>Height equipments:</b>	1200 mm
<b>Weight equipments:</b>	35 kg
<b>Safety Zone:</b>	410 x 355 cm
<b>Compatible with norm:</b>	EN 16630:2015



