## Rider





Strengthens the muscles of the arms, legs and waist, abdomen, back and chest. Improves the movement of the limbs and cardiorespiratory efficiency. It can be joined together with the same or different device on middle board. Especially recommended in tandem with Bicycle.

Product line:	Outdoor gym
Series:	FIT
Height Adults:	<140 cm
Allowable user weight:	150 kg
Length equipments:	1340 mm
Width equipments:	630 mm
Height equipments:	2020 mm
Weight equipments:	40 kg + pylon 50 kg
Safety Zone:	415 x 363 cm
Compatible with norm:	EN 16630:2015











