Adductor & Abductor





Strengthens the muscles of the waist and improves flexibility and the coordination of the whole body. It exercises the spine and hip. It can be joined together

with the same or different device on middle board.

Product line:	Outdoor gym
Series:	FIT
Height Adults:	>140 cm
Allowable user weight:	150 kg
Length equipments:	1030 mm
Width equipments:	720 mm
Height equipments:	2020 mm
Weight equipments:	40 kg + pylon 50 kg
Safety Zone:	3950 x 3720 mm
Compatible with norm::	EN 16630:2015



]



TRAINER OUTDOOR GYM Sp. z o. o. ul. Hetmańska 38, 85-039 Bydgoszcz / POLAND trainer@outdoor-gym.com / www.outdoor-gym.com





