Rower





It improves the efficiency of upper and lower limbs and joints, improve mobility of the lower limbs, balances and coordinates the work of the whole body. Increases cardiorespiratory endurance, strengthening the muscles of the legs and buttocks. It can be combined with the same or another device on the central board.

Product line:	Outdoor gym
Series:	FIT
Height Adults:	<140 cm
Allowable user weight:	150 kg
Length equipments:	1175 mm
Width equipments:	1100 mm
Height equipments:	2020 mm
Weight equipments:	50 kg + pylon 50 kg
Safety Zone:	422 x 410 cm
Compatible with norm:	EN 16630:2015











