



Develops and strengthens the muscles of the legs and waist, especially the quadriceps, gluteal muscles and lower abdominal muscles. Leg Stretcher is an exercise involving the lower limbs, affecting the development of muscles. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product:	Outdoor gym
Series:	START
User height:	<140 cm
Permissible user weight:	150 kg
Length:	2130 mm
Width:	552 mm
Height:	1672 mm
Weight:	70 kg
Safety Zone:	5130 x 3560 mm
Compatible with norm:	EN 16630:2015









