



It strengthens the muscles of the arms, legs and waist, abdomen, back and chest, improving the movement of the limbs. It increases cardiorespiratory endurance. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product line:	Outdoor gym
Series:	START
Height Adults:	<140 cm
Allowable user weight:	150 kg
Length equipments:	1108 mm
Width equipments:	851 mm
Height equipments:	1202 mm
Weight equipments:	35 kg
Safety Zone:	3860 x 4110 mm
Compatible with norm:	EN 16630:2015



