



Exercises on the treadmill engage the main muscle groups, strengthen the muscles of the legs and abdomen, help improve physical condition, and increase the cardio-respiratory capacity.

<b>Product line:</b>	Outdoor Gym
<b>Series:</b>	<b>START</b>
<b>Height Adults:</b>	>140 cm
<b>Allowable user weight:</b>	150 kg
<b>Length equipments:</b>	1235 mm
<b>Width equipments:</b>	750 mm
<b>Height equipments:</b>	1440 mm
<b>Safety Zone:</b>	4240 x 3750 cm
<b>Compatible with norm:</b>	EN 16630:2015

