

R24A

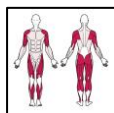
## Single Adductor & Abductor

**TRAINER**  
OUTDOOR GYM



Strengthens the muscles of the waist and improves flexibility and the coordination of the whole body. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

<b>Product line:</b>	Outdoor gym
<b>Series:</b>	<b>START</b>
<b>Height Adults:</b>	>140 cm
<b>Allowable user weight:</b>	150 kg
<b>Length equipments:</b>	683 mm
<b>Width equipments:</b>	740 mm
<b>Height equipments:</b>	1500 mm
<b>Weight equipments:</b>	55 kg
<b>Safety Zone:</b>	3690 x 3740 cm
<b>Compatible with norm:</b>	EN 16630:2015



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