

R22A

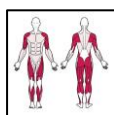
Single Ski Walking

TRAINER
OUTDOOR GYM



It improves the efficiency of upper and lower limbs and joints, improve mobility of the lower limbs, balances and coordinates the work of the whole body. Increases cardiorespiratory endurance, strengthening the muscles of the legs and buttocks. Exercises on outdoor fitness equipment affect the physical and mental health, and improve overall physical coordination.

Product line:	Outdoor gym
Series:	START
Height Adults:	>140 cm
Allowable user weight:	150 kg
Length equipments:	950 mm
Width equipments:	565 mm
Height equipments:	1523 mm
Weight equipments:	48 kg
Safety Zone:	3950 x 3570 mm
Compatible with norm:	EN 16630:2015



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