

M15

Surfer + Air Walker + Twister

TRAINER
OUTDOOR GYM

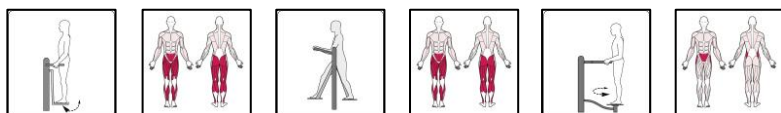


SURFER: Strengthens the muscles of the waist and improves flexibility and the coordination of the whole body. It exercises the spine and hip. Exercises involving the lower part of the body, are beneficial for sense of balance and loss of body fat.

TWISTER: Exercises waist and helps to relax waist and back muscles, improves mobility and flexibility of the cross section of the spine.

AIR WALKER: Improves the mobility of the lower limbs, balances and coordinates the work of the whole body.

Product:	Outdoor gym
Series:	START
User height:	>140 cm
Permissible user weight:	150 kg
Length:	2189 mm
Width:	718mm
Height:	1472 mm
Weight:	75 kg
Safety Zone:	5190 x 3720 mm
Compatible with norm:	EN 16630:2015



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