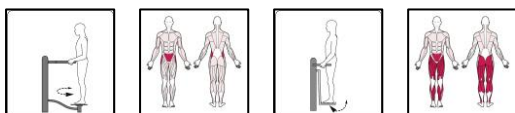




TWISTER: Exercises waist and helps to relax waist and back muscles, improves mobility and flexibility of the cross section of the spine.

SURFER: Strengthens the muscles of the waist and improves flexibility and the coordination of the whole body. It exercises the spine and hip. Exercises involving the lower part of the body, are beneficial for sense of balance and loss of body fat.

Product:	Outdoor gym
Series:	START
User height:	<140 cm
Permissible user weight:	150 kg
Length:	1353 mm
Width:	750 mm
Height:	1640 mm
Weight:	51 kg
Safety Zone:	4360 x 3750 mm
Compatible with norm:	EN 16630:2015



M04

Twister & Surfer

TRAINER
OUTDOOR GYM

